

Thanksgiving as a vegan

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BRADLEY UNIVERSITY

# THE SCOUT

ESTABLISHED 1898

Both basketball teams perfect to start the year

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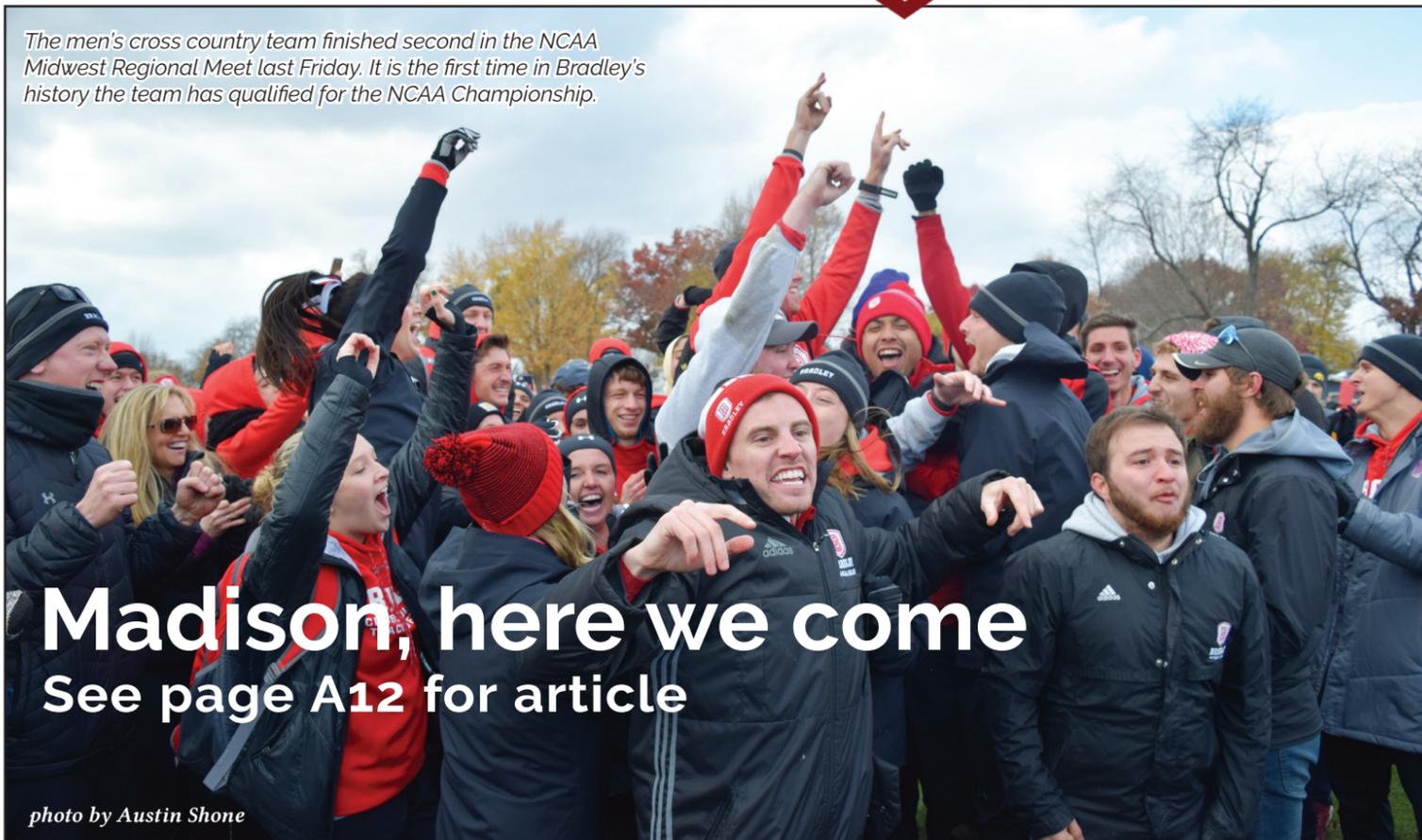


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The Scout

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*The men's cross country team finished second in the NCAA Midwest Regional Meet last Friday. It is the first time in Bradley's history the team has qualified for the NCAA Championship.*



## Madison, here we come

See page A12 for article

photo by Austin Shone

## Vacancy in Student Senate

BY TONY XU  
Editor-in-Chief

Student Senate sent an email to all students on Wednesday, announcing a vacancy in an executive cabinet position.

Eduardo Tapia, who previously was the chair of campus safety and community relations in Student Senate, stepped down from the position as he is taking a medical leave from the university.

Tapia's leave means there are now two high-level vacancies in Student Senate.

Malini Wijesinghe, senior Spanish, biochemistry and philosophy triple major, who was elected as speaker of the assembly in April, stepped down from her position during the summer. In addition to these two high-level vacancies, there are six more senator seats that remain unfilled — one senior, one junior and four at-large positions.

"I'm currently filling the two of the eight spots that are missing," said Camille Sanders, chief of staff of the Student Senate. "My job as chief of staff, if someone like chairperson is dropped, is to pick up their role until we can find someone to fill that."

Student Senate sent out the application for Wijesinghe's position on Oct. 30, and it is still an on-going election. According to Sanders, there will be a mid-term election in the spring semester to fill the six senator seats.

This is not the first time this semester that Student Senate has had a large amount of vacancies.

A special election was held in early October to fill two sophomore and five at-large senator positions.

"One of the issues is, when we have the interest, getting people to

see **SENATE** Page A7

## Grounds crew recognized for hard work

BY ANGELINE SCHMELZER  
Copy Editor

Everyone that walks around campus notices the beautiful flowers, clean sidewalks and mowed lawns. However, the grounds department that makes it all happen rarely receives the recognition they deserve.

Bradley was awarded the Orchid Maintenance Award in late September for their hard work.

"We have a full-time crew doing what it takes to take care of campus," crew member Evan McCauley said.

Keep Peoria Beautiful (KPB) hosts the Orchid and Onion and Iris Award. The Orchid and Onion Committee judges Peoria businesses and commercial properties based on nominations from the public. KPB has been recognizing the appearances of properties for more than 60 years.

The Orchid Maintenance Award is presented to previous Orchid

Award winners; Bradley won this honor in 2009. The maintenance award recognizes that the property has been kept to high standards and in excellent condition over the years.

The group was surprised, happy and proud to receive the award this year.

"We try to do our best every year," crew member Steve Millard said.

In 2009, the crew had nine members, but this year the department was down to five. Evan McCauley, Jon Starkey, Steve Millard, Dave Monckton and Jerry Collins make up the award-winning team.

"The time and attention that the Bradley Grounds [department] has made to ensure the property is well-kept, full of vibrant colors with use of both perennial and annual flowers [and] plants and clean of weeds and litter, is no small feat in such an expansive and highly populated

property," said Alicia Turner, Orchid and Onion chair.

Starkey said it takes initiative and pride to keep up with the maintenance of the property.

"I want it looking pristine like a golf course," Starkey said.

The department said they do the work for the faculty, students, parents, prospective students and the public.

"It is so important for our community to understand how these properties make a positive impact on the health of our community and we want to recognize those whom do such," Turner said.

The crew said that the students who help over the summer deserve some recognition as well. Students worked with the grounds crew and learned new skills outside the classroom.

The department is responsible for

a variety of jobs on campus including mowing, mulching, leaf and snow removal and moving furniture.

"We do put a lot of effort into the flowers," McCauley said. "People seem to like the red and white."

The flowers are ordered in December from a supplier in El Paso, Texas who grows many of the plants from seed. They are delivered after Mother's Day and are pulled in early November before the first frost.

The other recipients of the Orchid Maintenance Award are the Caterpillar Administrative Building, Sacred Heart Church and the West Lake Shopping Center.

KPB also bestows the Orchid Award, Beautification Award, Building Beautification Award and Property Maintenance Award to facilities that make an effort to keep their properties beautiful.

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## BRIEFS

**Thanksgiving farmers market opens along Peoria riverfront**

Popular vendors from the summer riverfront farmers market and more are making a weekend comeback for the Thanksgiving Market from 9 a.m. until 1 p.m. on Nov. 17 on the 200 block of Water Street.

**East Peoria's Parade of Lights opens**

The 34th annual Parade of Lights at 5:45 p.m. on Nov. 17 will kickstart the East Peoria Festival of the Lights. The festival covers two miles in holiday lights and runs from Nov. 22 through Dec. 31. The cost to drive through is \$10 for a regular-sized car, truck or van.

**Eric Petersen sings Broadway with the Bradley Jazz Ensemble**

Broadway star and Bradley alum Eric Petersen will be singing Broadway hits accompanied by the Bradley Jazz Ensemble on Nov. 30 at 7:30 p.m. and on Dec. 1 at 7 p.m. and 9:30 p.m. in the Hartmann Center for the Performing Arts. Tickets are \$10 for students and \$35 for adults at the Hartmann Center.

**BUPD works to keep houses safe during break**

Students living in the Bradley off-campus community can register their residence with the Vacant House Watch so that the Bradley University Police Department will monitor their homes during Thanksgiving break. Call 309-677-2000 before leaving for break to complete the confidential registration process to participate in the program that has reduced the number of burglaries during breaks according to BUPD.

## POLICE REPORTS

- Officers were dispatched to the Dollar Tree in Campustown on Nov. 11 at approximately 1 p.m. when an employee reported seeing a male student placing items in his backpack without paying. Among the 13 items taken were five pairs of winter gloves. He was arrested and banned from Campustown.
- On Nov. 9, an Aramark employee delivering food to Geisert dining hall threatened another employee while at work saying "I'm gonna catch you at 11." The incident was reported to a supervisor, who suspended the employee that made the threat.
- Following previous reports on the 1300 block of W. Fredonia Ave., a second air-conditioning unit was kicked in on Nov. 9. An officer was shown video surveillance of the three suspects, and they were identified. Pictures were taken of the damage.
- On Nov. 12, a female student reported a van following her as she drove along Route 39 and I-74. She said she was not followed as she exited the interstate to University Street.
- A student employee set off a panic button under their register at the student center on Nov. 11. When officers arrived, the employee said they had accidentally pressed it.

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## NEWS

# Major sports issues discussed at symposium

BY COLE BREDAHL  
Managing Editor

Bradley's department of communication hosted the fourth annual Charley Steiner Symposium Thursday, which featured five different panels concerning the sports industry. Bradley alum Charley Steiner started the symposium after the sports communication school was named after him four years ago.

There were four panels throughout the day including Collegiate Athletic Directors: What Keeps Me Awake at Night, Rules of Sport: Regulations and Ethics, Critical Issues in the Field of Sports Communication and The State of the Game. The symposium concluded in the evening with a Conversation with Chris "Mad

Dog" Russo and Charley Steiner in Peplow Pavilion.

The symposium included some big name friends of Steiner. Panelists included sports talk personality Chris "Mad Dog" Russo, President of the Pro Football Hall of Fame David Baker, former NFL referee Bill Carollo and well established beat sport reporters.

One of the biggest days of the year for sports communication majors, the event was well attended and well liked. Junior sports communication major Nathan Fischer said he took a lot from the symposium.

"It's great to have industry professionals express their views and guide current students aspiring to be in their positions someday," Fischer said.

Steiner fondly remembers his time at Bradley and said the school has come a long way. He knows he owes the school for a lot of his success and wants to return the favor.

"Bradley has given me so many special days. The two that stick out are receiving an honorary doctorate at graduation in 2010 and when the sport communication school was named after me," Steiner said. "I want to pay it back to the school that has given me so much by providing this event."

Steiner said he is proud of what the symposium has become, but thinks it can still improve.

"Each year, this event continues to grow and become closer to what I envisioned four years ago," Steiner said. "I want this to continue to

grow even more."

Joshua Dickhaus, professor of communication and director of the Charley Steiner School of Sports Communication, was responsible for organizing the event. He said the department continues to provide this opportunity to supplement students' classroom learning.

"We are thrilled [about] how it is going this year," Dickhaus said. "It is integral for our students that are here and perspective students in the audience. We think it keeps getting better each year."



The fourth annual Charley Steiner Symposium featured radio personalities, journalists and professors.

photos by William Craine

## NEWS

# Peoria gallery becomes weekend spot



Exhibit A Gallery is located at 4607 N. Prospect Rd., Peoria Heights, IL 61616.

photo via Exhibit A Gallery

**BY TIRZAH CHRISTOPHER**  
Off-staff Reporter

Owned and operated by Peoria native Barbara Millacio, Exhibit A Gallery is located in the heart of the Peoria Heights shopping district.

The gallery features all kinds of artwork ranging from hand-blown glass to paintings in contemporary and traditional styles. Mediums include pastel, photography, glass, ceramics and jewelry.

"We are all about showcasing the artwork of the local artists here in

Peoria," Millacio said. "The gallery is a platform for innovative minds from the area to start here at the gallery and excel."

There are events that are held throughout the year and some that are specific to certain seasons and holidays.

With Thanksgiving and Christmas around the corner, Exhibit A gallery has three special events. Shop Small is scheduled for Nov. 24, Trunk Show on Dec. 1 and Chocolate Walk on Dec. 8.

Trunk Show is a meet-and-greet event where featured artists will be present and answer questions from the buyers.

Chocolate Walk is similar to Trunk Show except that chocolates and candy will be provided to the people who attend, whether they buy something or not.

Another event that is held more regularly is Second Fridays, which is held on every second Friday of the month. A local guest artist and their artwork on is featured on this

day. Artists who have been featured previously present all kinds of art including oil paintings, fiber, pottery, woodworking, furniture, metal, photography, glass and mixed media.

"Students can use our resources to help reach out to a larger audience through their artwork," Millacio said. "There are also many events that they could just visit to watch how other people have expressed their thoughts and emotions out as art."

The gallery could be a spot for students who are looking to have a

quiet evening during the weekend.

"It surprised me that there could be so much creativity in a small city like Peoria," Paige Holland, a sophomore chemistry major said. "I also love handmade jewelry and there was so much at the gallery, so it was really hard to not spend all my money on some of those carefully made, beautiful earrings."

Millacio said they do not get a lot of Bradley students at the gallery, but she would definitely welcome every student on campus.

## From whim to Hollywood

**BY MEGHAN ANDERSON**  
Copy Editor

Sometimes taking a chance can lead to an important discovery. Rachel Borland, senior television arts major, found this out firsthand.

Borland originally planned to attend culinary school, but came to the conclusion that cooking was more of a hobby than a career choice. She ended up in film and television production on a bit of a whim, having never done anything of the sort before, only entering into that line of work during her second semester of college.

"I was just hoping I was good at production and hoping that I'd like production, and it was a really good guess because I love it and I seek out all the opportunities I can," Borland said. "I'm very fresh to the field, which is crazy because I do so much now."

Borland has acquired a lot of local experience in this industry. She has been camera operator and director for the Peoria Chiefs minor league baseball team. She was also the videographer for Morton school district.

Additionally, she has worked with Chicago area sports, ESPN3 Braves Vision and Peoria's 48-Hour Film Fest, which she won this year.

Currently, she serves as director

and master control worker at WEEK/WHOI, a local TV station and is the producer of BUTV.

"Rachel is good at production ... Rachel is good at everything," said Dave Lennie, director of instructional technology and instructor for BUTV. "I haven't found the thing Rachel isn't good at yet."

Since Borland has experience in many areas, she is a go-to person when anyone needs to know something.

"If you ask a question, she's the one who has the answer," said Kayla Pettis, freshman philosophy major, who does hair and makeup for BUTV News. "She's always the first one to answer questions."

In the spring 2018 semester, Borland ventured west to Los Angeles for Bradley's Hollywood semester for experience beyond the Peoria area. Three internships kept her busy while there.

She operated as a production assistant at the Screen Actors Guild (SAG) Awards. She also worked in development for Fly on the Wall Entertainment, which produces unscripted television such as Big Brother. Her third internship was in development at New Republic Pictures, which is responsible for movies including Hacksaw Ridge and Black Swan.

Some of the tasks Borland did

in Hollywood are performing preparatory work for production, sifting through new ideas for TV shows, helping to figure out how to pitch ideas to networks and analyzing incoming scripts.

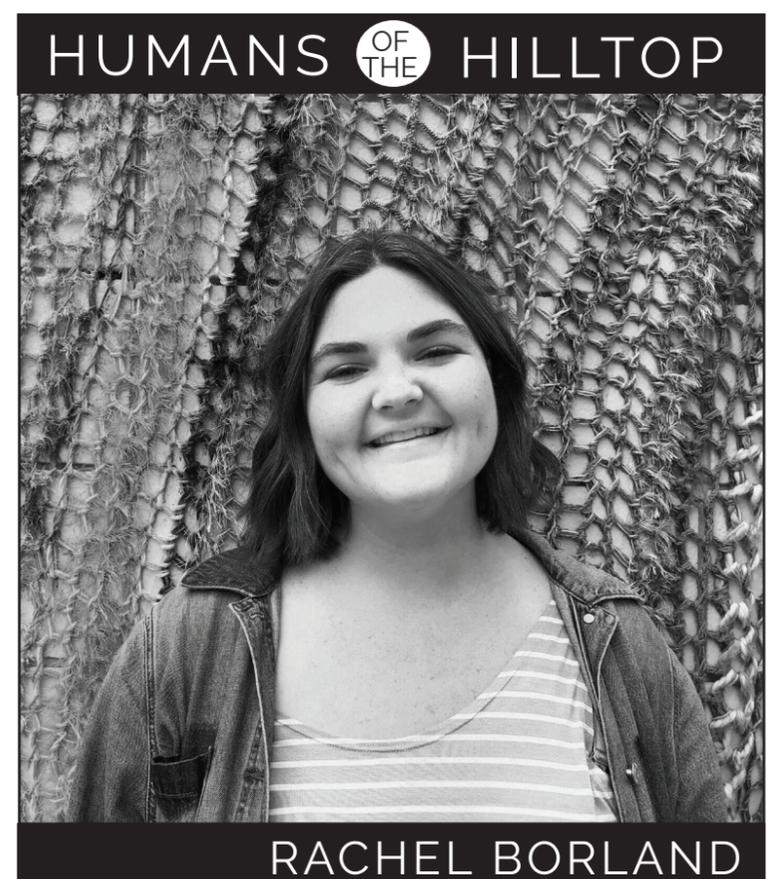
"[The Hollywood semester] was less about learning paper schoolwork and more about learning life skills ... real skills to use in the field once you're out there, and it's about making connections," Borland said.

After her graduation in December, she plans to move out to L.A., where she hopes to first secure a position as a production assistant before rising up in the ranks.

"I would love to someday have my name on something like 'created by' or 'produced by,'" Borland said. "I really like the aspect of developing shows and ideas and bringing them to fruition. That's the end goal."

However, no matter what role Borland ends up securing in production, she said she is sure she will be content with it.

"As long as I'm doing anything in the production field ... that's where I want to be," Borland said. "How far I climb up the ladder is not super important to me as long as I'm doing something in production because I know that I'm good at it, I like it and it makes me happy."



Senior television arts major, Rachel Borland plans to move to Los Angeles after graduating in December.

photo via Rachel Borland

NEWS

# Smoky Burgers n' Frites Review



Smoky Burgers n' Frites is located in Campustown and features a menu of burgers, wings, frites (french fries) among other foods. Three staffers trekked over to the small restaurant on Tuesday night to give it a try. For the students that don't have much in their bank account, don't fear, they take Quick Cash. While our food was being prepared, we perused an arcade game of drag racing, but continued to wait for a few more minutes longer than we expected. It seemed like a long time for a fast-casual meal. Here is what The Scout's critics thought.

**Cole Bredahl's Review**  
5 Smoky Wings n' Frites with drink



My wings came to the table with a surprise, I was gifted an extra wing. The happiness ended there, as my wings lacked flavor. They were just about your average wings you would expect at a barbeque with your neighbor Doug cooking. I was not motivated to finish all of them. The frites, however, were delicious. The frites were large and doughy, the way fries are meant to be. Overall, it's not a bad place if students are looking for an affordable meal.

**Anthony Landahl's Review**  
Smoky Burger n' Frites with drink



The Smoky Burger of my choice fit well with the side of frites that were quite delectable. The burger had a fine tang of bbq and smokey taste. Though not as juicy as I had hoped, the meat was cooked but still had a little pink within it to give it a satisfying flavor. The fries, that were essentially steak fries, were the best part of the meal. The onion and lettuce on the burger was basic, merely added to the top of the final product. I left full, but I had a little regret paying \$11.89 for the meal. My biggest quibble of the night was that there were no desserts available. SAD. You can expect more of a drink variety at Geisert Dining Hall.

**Angeline Schmelzer's Review**  
Chicken tenders n' Frites with drink



Although appealing at first glance, my chicken was not tender at all. It was hard to chew and overall, weird. It seemed like I needed a fork and knife to eat my finger food. The breading was nice and crispy, but the flavors would have been better suited on fried shrimp than chicken. They did not live up to the "best fried chicken" they advertised. The frites were the highlight of the meal. They had great texture and flavor. Also, the sweet "yum-yum" sauce paired nicely with well-salted frites.

## The Body Project shows 'To the Bone'

BY MEGHAN ANDERSON  
Copy Editor

Presented by The Body Project, Netflix film "To the Bone" hit the big screen at Bradley on Wednesday night.

The film follows Ellen (Lily Collins), a young college drop-out struggling with the eating disorder anorexia nervosa. Ellen changes her name to Eli and rides the emotional waves that she hopes will lead her to recovery.

The Body Project is trying to increase awareness and acceptance of body image among the Bradley community.

Alana Shapiro, community wellness major and intern for The Body Project, said they chose the movie because of the emphasis on a variety of issues. While Eli notably deals with anorexia, the audience is also exposed to other eating disorders through other patients in the program.

"[The movie] is kind of inclusive, like you see a male character [with an eating disorder]; that's not always talked about," Shapiro said. "There are different representations."

Along with their eating disorders, characters faced other problems in their personal lives.

"What stood out to me is that [the movie] wasn't afraid to address the awkward. [There was] a lot of awkward stuff in there that now

people don't like to talk about ... you don't really see that very much," said Yaritza Garcia, senior marketing major.

The film ends as Eli faces near-death, but then chooses to work towards a healthy mind and body for the sake of her friends, family and self.

"I didn't know how big the issue is when someone has an eating disorder and how it affects everyone in their life," Jocelyn Bonilla, senior marketing major, said.

Students stuck around afterwards for a discussion about "To the Bone." Bradley counselor Lisa Fix-Griffin, who worked in an eating disorder program for 21 years prior to her time at Bradley, responded to questions and comments with professional expertise.

"I think [discussing eating disorders] is just really important because ... [The Body Project] is about body image in general ... to broaden people's awareness and more acceptance of all shapes and sizes. If there's not that acceptance, there is increased likelihood for students to engage in disordered eating or disordered exercise," Fix-Griffin said.

Popcorn, cookies and candy were provided, alongside pamphlets that further explained concepts in the movie.

## AMA gives back

BY DANIELLA ALSCHER  
Off-staff Reporter

It's giving season and Bradley's American Marketing Association (AMA) is kicking it off with their annual toy drive. Students and staff are encouraged to place books, toys and new clothes inside of the boxes around campus to be donated to the Children's Home of Peoria.

AMA hosts a variety of events throughout the year for its members including networking events, speakers, company visits and workshops. While there are many activities for the members, AMA's president Natalie Konopka, a junior marketing and public relations major, expressed the distinctiveness of this event.

"As an academic organization, we typically don't host many fundraisers during the year. [The toy drive], however, is our one opportunity to put ourselves aside and focus on community outreach during the holidays," Konopka said.

This isn't the first time that AMA has held a toy drive, and it likely won't be their last. The first toy drive was in 2013.

"The toy drive is something we do every year in order to give back to our community and celebrate the holidays," Konopka said.

There are many places to give to in the Peoria community, but the Children's Home of Peoria was chosen for a specific reason.

"We can see a direct impact on the lives of children living right in our area," Konopka said. "We host the toy drive to provide Christmas gifts for children who otherwise would receive nothing during the holidays, and were extremely humbled and excited to do so."

Sometimes the ability to see the reaction and the impact you can have in one's life can be a gift within itself.

"To me, this fundraiser is an opportunity to make someone's holiday season more cheerful," said

Sydney Smith, vice president and junior marketing major. "I love that AMA holds this event every year because I think it's such a great thing to give back to the community that you're a part of."

Giving back to a community is essential year-round, and the holiday season encourages it. Now in the drive's fifth year, AMA has raised over \$2,500 and donated more than 500 toys.

"We would really appreciate it if anyone wants to join us by donating new toys, books, clothing and monetary donations at one of our many bins across campus," Konopka said.

Donation bins have been made accessible to students in the Collum-Davis Library, Campustown and the student center. Monetary donations can be given to the AMA's advisor Brad Eskridge or any executive member. Donations will be accepted by the AMA until Dec. 4.



# OPINION

## Editorial

### Cross country paves the way

“This is the best team in school history.”

Bradley cross country head coach Darren Gauson told The Scout he had the best team in school history this August. Last Friday, they became the first Bradley cross country team to qualify for the NCAA Championship. They finished second in the NCAA Midwest Region.

Gauson earned the men’s Midwest Region Coach of the Year Award to go along with his Missouri Valley Conference Men’s and Women’s Coach of the Year Awards

this season. The men’s team has won the MVC four consecutive seasons. They also placed in the top ten of the Midwest Regional in each of those four years.

Gauson and the cross country team’s list of accolades and accomplishments are numerous.

This kind of success at the conference, regional and national level is something Bradley has not seen in many years.

Chris Reynolds, vice president of intercollegiate athletics, has made four head coaching hires in his time

at Bradley. Although all of the new head coaches have improved their record since taking over, no head coach has performed better than Gauson.

It was remarkable to see the excitement from the team after qualifying for nationals and all the support from Bradley students and fans.

We commend the cross country team for their commitment to their sport and doing something many Bradley teams have not done. They have given Bradley fans something

to be proud of.

Even though the accomplishments of some lesser known sports often go unnoticed, The Scout has not missed the continued dominance of the cross country team.

We hope other teams at Bradley can continue to follow the lead of the men’s golf team and cross country program, as teams that have qualified for NCAA national competition in the last year.

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 All letters to the editor must be received by 5 p.m. Tuesday in Sisson Hall 319 or emailed to [bradleyscout@gmail.com](mailto:bradleyscout@gmail.com) for inclusion in Friday’s issue. Letters longer than 500 words will not be accepted. The Scout reserves the right to edit letters for inappropriate content. All letters must include the writer’s name, contact information and relationship to Bradley. Responses to published letters will be eligible for print only the week following their appearance in the Scout.

Any e-mails directed to members of the Scout staff may be published as letters.

The Scout is published by members of the undergraduate student body of Bradley University.

Opinions expressed here do not necessarily reflect those of the university.

## Column

### Just the beginning



**HANNAH YGLESIA**  
*hyglesias@mail.bradley.edu*  
 Senior Advertising Manager

Even after ordering my cap and gown and not signing up for classes next semester, writing this senior column might be the only thing that has made me realize I have barely a month left here on the Hilltop.

After reflecting back on my time here at Bradley, I’ve decided to write about a different topic - homeschooling. This may or may not surprise you, but I was homeschooled right up until I came to Bradley. That’s right, mom and dad taught me, and no, neither have a background in education.

Attending Bradley was the first time I could finally talk about things other than high school. I could talk about things like, “yeah, I’m from Texas!” Getting to know people on campus there’s a lot of the same initial questions like what dorm you live in, your major,

where you’re from and how classes are going.

No more having to explain that yes, I got to go on vacations during the school year, and no, I didn’t grow up on a farm. Yes, I had friends outside of my siblings and church, and no, I never had to take a standardized test. Yes, I completed all the education requirements for the state, but no, I don’t have an accredited high school diploma or GED.

A lot of people have an idea in their head of what a homeschooled is like, and it’s become pretty much an inside joke in the homeschooled community. But really, just because I didn’t go to a private or public school doesn’t mean I wasn’t socialized or didn’t gain an equivalent education.

I think I stand as a pretty good testament that a homeschooled

education can be as good as public school. I’m not saying that public schools are necessarily bad, but I want to help open your mind and remove some of the stigma. While here at Bradley I’ve been president of an organization, had several internships, held a job on campus, maintained A’s and B’s, taken a May-term course in Rome and have been awarded outstanding advertising student. Not to brag, but those are some pretty cool things.

Bradley has given me so much, and I’m glad I chose to come here. It’s going to be weird not coming back here in the spring, so all y’all better send me lots of pictures of the campus bunnies (bunnies > squirrels). I’ll miss Bradley, but it’s as the saying goes, “don’t cry because it’s over, smile because it happened.”

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# 'Thanksvegan'

BY MEGHAN ANDERSON  
Copy Editor

It's the Thanksgiving I dreaded. On either side of me, plates are heaped with food. Thick slabs of turkey glide on gravy and nudge a puffy mashed potato mound. A dinner roll sits atop green bean casserole, marshmallow goo blankets sweet potatoes and butter smothers it all. Pies lay in wait.

My vegan plate remains bare, a slap in the face to the pilgrims (who, if we're honest, deserve it).

Even the corn is bathing in a cream mixture and the canned cranberry is kept in its appealing tube shape because of gelatin. There is nothing for me to eat.

"Let's get ready to rumble!" I whisper to my stomach in my best announcer tone. Luckily, the football game on TV drowns out the thundering of my insides.

I think overall, I ate one square of a graham cracker I found in my grandma's pantry, paired with a scoop of mixed vegetables she had left over. I would have been better off at the Charlie Brown Thanksgiving feast - I can eat most toast, pretzels, popcorn and jelly beans.

Thanksgiving is not such a fun and feasting holiday for me or many vegans and vegetarians in omnivore households.

Whining aside, I understand that being vegan or vegetarian is an individual's choice. It's a "laughable" millennial trait to be vegan, like avocado toast and paying way

more than cranky old men did for schooling and actually caring about people who aren't white. Crazy what we kids are doing nowadays.

Oftentimes, once free from parental guidance and mom's supper on the table at 6 p.m. sharp, college students decide to adopt a different dietary approach. This choice may be with the intention to lose weight, help the environment or something else entirely. Whatever reasoning, any diet will likely be difficult to follow at times, including and maybe especially, on Thanksgiving.

Since no one is accountable for what you put in your body besides you, it is good to come to Thanksgiving prepared. Because you cannot expect everyone to cater to

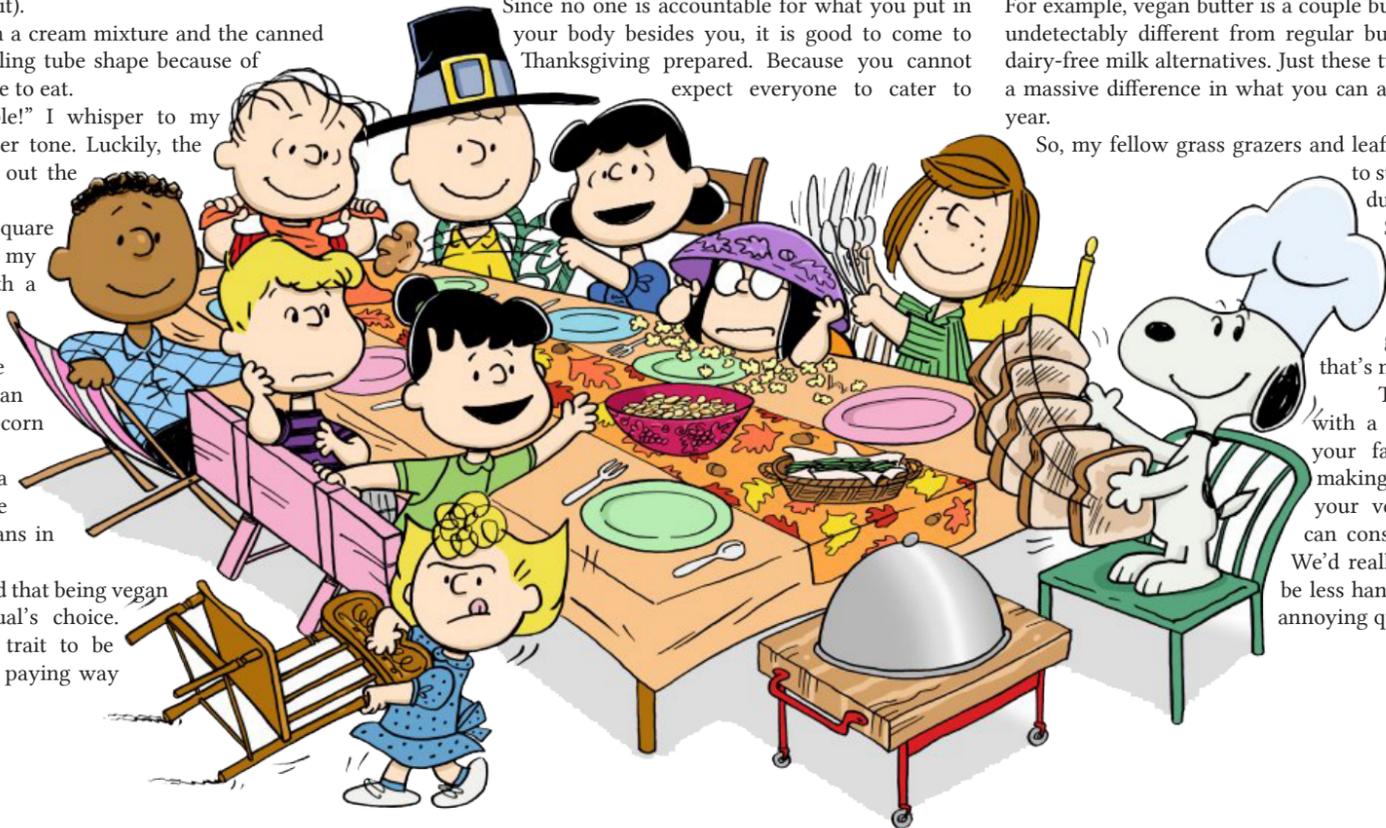
your needs, you may want to come equipped with food that you can eat, so your starving body does not cave in to the delectable goods outside of your intestines' comfort zone. Maybe try cooking your own infamous Tofurkey.

Another option for those with open-minded Thanksgiving hosts is to suggest and provide slight tweaks to classic dishes. As the one following the diet, you likely have more expertise in how to alter food enough that it can be enjoyed by you, without disrupting others' meal.

For example, vegan butter is a couple bucks more expensive and undetectably different from regular butter. The same goes for dairy-free milk alternatives. Just these two substitutes can make a massive difference in what you can and cannot consume this year.

So, my fellow grass grazers and leaf lovers, I encourage you to stay strong in your beliefs during this trying time. Sometimes it takes more effort and will power to lead this lifestyle, but I believe we can get through this holiday that's mainly for flesh feeders.

To any meat lovers with a vegan or vegetarian in your family... please consider making at least some dishes your veggie loving loved one can consume this Thanksgiving. We'd really appreciate it and will be less hangry answering relatives' annoying questions.



## Bringing a plus one to the family

BY VALERIE VASCONEZ  
Off-staff Reporter

Getting into a new relationship means getting to know someone on a deeper level, and there are certain milestones each couple takes. First hug, first kiss, first burp in front of each other and the scariest of all; meeting the family.

I have a cousin who has brought boyfriends home after dating for two months. When my family meets them, they can usually tell that they won't last (which ends up being true). Having my family believing in my relationship, for some reason, meant a lot to me.

Now, if your family is anything like mine, then they're crazy. Sometimes that means they have strange parties, like a Disney themed party that was for my youngest cousin which meant my friends and I had to dress up.

My mom thought I should ask my boyfriend to come over. Now, he had previously come to my house, but only to pick me up. This was the first time he was going to actually spend time with most of my family.

My boyfriend and I were supposed to go as matching Disney characters, but since we waited for so long, our costumes weren't that great. I was able to pull off a Queen of Hearts, but my boyfriend as the Mad Hatter was questionable.

When I first brought him in, everyone was still setting up, so it was just more of a, 'Hi. Who are you? Bye' sort of meet. Which wasn't as bad as I thought. No interrogation, nice!

At first, it was kind of awkward. My friends, cousins, boyfriend and I sat in my room and I tried to spark up a conversation, but it's a bit hard to be PG-13 with some of my friends. I'll admit, I'm guilty of it too, but I needed to show that my boyfriend was not the influence for that.

When we were all dragged out into the main part of the party, I had to formally introduce my Mad Hatter dressed boyfriend to my family.

Maybe not the best time to finally have him meet them, but it was something.

At first, it was awkward while we sat with everyone that's close to me. Then, someone suggested a game and everyone was having a great time playing when my youngest cousin decided to join in.

She was the birthday girl, and was really shy around my boyfriend at first. But I could see that he was really trying to include her in the game and soon he was helping her win the whole thing!

They had become so close, that at the end of the day, my little cousin was asking him to help build her new Lego set. Everyone thought that was such a cute moment.

My family usually plays music at parties, and this one was no exception. I can never resist a good time to dance. My family is good at getting people to dance to "Payaso de Rodeo," it's almost become a tradition.

While in the middle of dancing, I could see my boyfriend laughing with my aunt and uncle. They both were most likely talking about my embarrassing moments while I was dancing and nearly falling to this song.

I'm probably not alone on this, but I was overthinking this whole interaction. I wanted them to like my boyfriend and vice versa. Yet maybe bringing him home was less about their opinion, but more me making a statement, because in reality I knew that I already picked the one. With or without approval.

I can honestly say I was lucky in my situation. But, if you find your parents don't approve of your lover, you shouldn't sweat it. At the end of the day, it's you who decides to control your love life.

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# Stan Lee's final excelsior

BY MACKENZIE NEWMAN  
Voice Editor

For over 50 years, the word “excelsior” has been the catch phrase of one of the best-known writers and publishers in comic book history, Stan Lee, who sadly passed on Nov. 12 at the age of 95.

What was once a simple word used as his sign-off in his weekly column, “Stan’s Soapbox,” turned into a life motto, meaning “upward and onward to greater glory,” which is often shortened to “ever upward.”

It was living by these words that would help propel Lee into playing a monumental role in transforming the small publishing company of Atlas Comics into the multimedia behemoth at the center of modern popular culture entertainment, Marvel Comics.

During this ascension, Lee aided in the creation of beloved characters such as The Fantastic Four, Doctor Strange, Spider-Man, The Hulk, Iron Man, Thor, Nick Fury, The Agents of S.H.I.E.L.D., Ant-Man, X-Men, Black Panther and more.

He has been at the heart of the Marvel Cinematic Universe, which now spans over 20 installments, with a cameo in each movie that has solidified him in the minds of audiences as the face of Marvel itself.

In Marvel’s official statement, they quote Lee stating: “I used to be embarrassed because I was just a comic book writer while other people were building bridges or going on to medical careers. And then I began to realize: entertainment is one of the most important things in people’s lives. Without it, they might go off the deep end. I feel that if you’re able to entertain, you’re doing a good thing.”

Lee was right. His impact on popular culture and entertainment industries was prolific. He was a larger than life character both on screen and off. For Marvel fans, he was a true superhero whose power to make the world a better place lied in his unmatched imagination.

Though he couldn’t quite save the world, he changed lives with every word he shared.

Lee’s stories have given avid comic book junkies and movie fans characters they can connect to. His heroes are flawed and relatable, even when they happen to be giant green science experiments or gods amongst men. Viewers can see their reflections shining on the big screen through Lee’s creations, whether it is in the sarcasm of Tony Stark or the wit and intelligence of Shuri.

Prior to the 2008 release of “Iron Man,” I was one of countless

loyal Marvel followers dedicated to the comics, where the true heart of the company beats. It was my love for their brilliant storylines, vibrant illustrations and vast amount of diverse characters on the page that initially stole my heart.

Lee didn’t just give me a world to escape to; he gave me a connection I can share. The universe he poured his soul into has been one my father and I have called our own for as long as I can remember. We bonded over our love for the art found between the covers of each edition.

Midnight releases of each movie brought out a childlike wonder and excitement in myself and fellow geeks everywhere; a feeling I’d call home about and share with my dad. We have tirelessly discussed Team Cap vs. Team Iron Man (there’s a right answer).

Through everything my dad and I have faced, we’ve always had Marvel to bring us a moment of joy and an escape from the villains of reality. He’s my real life hero, and Lee has given us that to bond over.

Lee’s heart and desire to spread joy to audiences was apparent in all facets of his work, from his writings to his goofy personality at press events and the interactions he shared with fans both on social media and in-person.

He was a legend no one believed we would lose.

Upon his passing, many Marvel actors took to social media to share their condolences, including Thor (Chris Hemsworth), Captain America (Chris Evans), Iron Man (Robert Downey Jr.), Black Widow (Scarlett Johansson) and Wolverine (Hugh Jackman). Their voices are among thousands of grieving friends, family and fans.

There will never be another quite like Stan Lee. His legacy spans far beyond the page and will continue to exceed all expectations as he lives on in the Marvel universe.

I hope you’ve found your glory, Stan Lee, for your life was always upward and onward to greater things.



## Elements of good food

BY TONY XU  
Editor-in-chief

Have you ever wondered why a grilled cheese sandwich can be so satisfying?

Bread toasted with just the perfect amount of butter, golden but chewy. The crispy edges mellow with melted-but-not-runny cheese. It is so simple, yet still so good.

In her latest Netflix documentary, Samin Nosrat, who trained at Alice Waters’ Chez Panisse, in Berkeley, explained the four basic elements behind good cooking: “Salt, Fat, Acid, Heat.” Nosrat brought chefs from around the world together to show viewers how using the simplest ingredients can make the best meal.

The documentary shared the same name with Nosrat’s new book, which was a New York Times bestseller, and was named the General Cookbook of the Year by the James Beard Foundation.

There are four episodes and each is dedicated to one of the elements listed in the title. Nosrat traveled to different regions of the world, accompanied with a local chef, to explore the varieties of techniques utilizing these components.

Different than other cooking shows, Nosrat believes everyone should cook with their senses and explains that cooking was never meant to be an exact science. She tastes everything on every stage and tweaks the seasoning until it tastes just right.

She digs deep into each of the elements to explain why salt can bring out the best flavor in a food, why fat can make food

so tasty or the ways the acidic zing of lemon juice can make a dish so vibrant. Last but not least, she offers some tips on how to properly utilize different types of heat while cooking.

Her eyes widen when the raw fat of the Cinta Senese, a Tuscan breed of pig, dissolves on her tongue. When biting into the sour orange from Mexico, her face squints. Her nose crinkles when she tastes a stronger salt at a market in Japan.

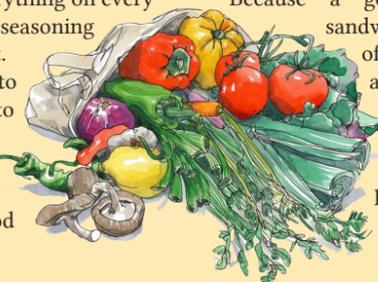
Nosrat is the kind of person who wonders about everything. She is a deeply curious historian and an empathetic tourist. Her love of food and her passion for taste show up when she tries new things. She keeps the show fun and gets excited when listening to the bubbling noise in the soy sauce barrel, and giggles like a child when collecting olives in Italy.

Her unrestricted personality is inviting and makes you want to be her friend. It makes you feel like you are part of the show, investigating each of the flavors with her.

In the last episode, she sums up her journey in her home by preparing a dinner with her mom for all of her friends to enjoy, to show that food is always about joy and gathering. It is a shared happiness.

So why is a grilled cheese so good?

Because a good grilled cheese sandwich has a layering of fat from butter and cheese, the right amount of saltiness and acidity in the bread and the perfect amount of heat to toast it.



## The beginner’s guide to Twitter

BY DAWSON HUBBS  
Off-staff Reporter

I have never understood Twitter. I have an account, but in the same capacity that everyone has a Facebook.

The hardest thing for me to grasp is how a social media platform that is primarily text based is so popular. Maybe it’s because I don’t know how to traverse the platform.

To answer this question, I went to the best Twitter expert I know, sophomore public relations major Sophie Vojta, who is an avid user of the app. I first asked her why she enjoys the Twitter overall.

“The platform is a lot more tailored to the content that I like. Also, I really enjoy how quickly the content moves through the platform,” Vojta said. “Unlike Facebook, memes and other content moves extremely quickly on Twitter. What might be in one day will be replaced by another the next.”

Within my short time on the app, I noticed that what Vojta said is true. Due to this rapid movement, I saw Twitter more like a job than an entertainment platform.

It was quite exhausting to keep up with all the latest tweets and to make sure that I was “in the know” so I didn’t feel left out. For a person who is still new to the slow but steady posting of Instagram, Twitter was quite a change.

My biggest concern with the platform is that I often view it as a hotbed for “fake news.”

“If you believe anything on Twitter without fact checking it, you shouldn’t have a phone,” Vojta said.

After hearing this, I was a little taken aback, but agreed nonetheless.

It is not up to the platform to make sure that its users are investigating posts when necessary.

Once I got over a main reason I didn’t use the platform, I asked why she preferred Twitter over other social media.

“I like that Twitter isn’t as appealing to the

older generation because it prevents your long lost Aunt Tayan from posting a weird, ‘Love what you are up to’ post from occurring. I believe that Twitter is more tailored to what someone of our generation, whether that be Millennials or Gen-I, want,” Vojta said.

After coming to the realization that Twitter may not be so bad, I asked Vojta if she had any recommendations for new users. She gave me three rules.

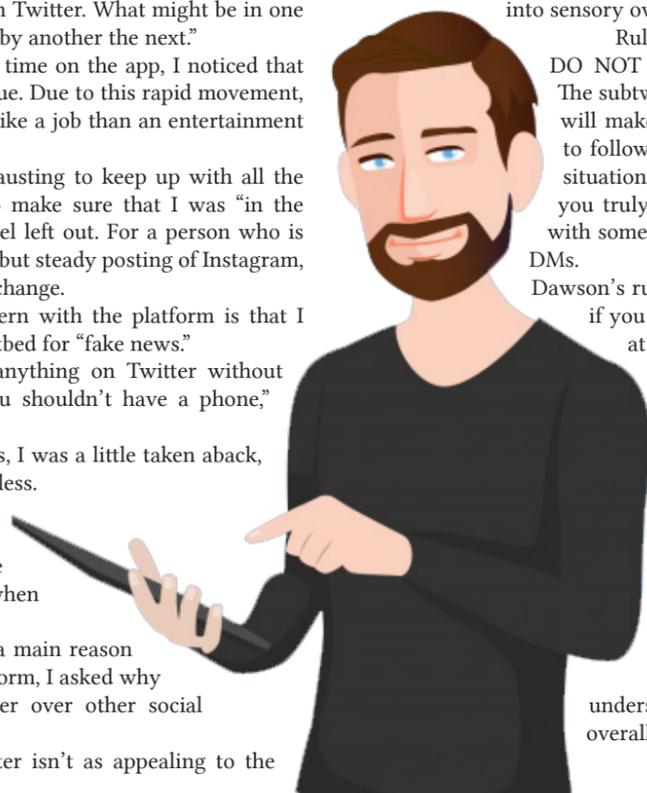
Rule number one: turn Twitter on night mode to prevent your eyes from exploding.

Rule number two: be selective when choosing people to follow so that you can better tailor your feed to what you are interested in. I would avoid following anyone that you are not connected with when you start out to prevent yourself from going into sensory overload.

Rule number three: DO NOT start Twitter beef. The subtweets and subthread will make it extremely hard to follow and will make the situation ten times worse. If you truly want to start beef with someone, slide into their DMs.

Dawson’s rule number three A: if you slide into the DMs, at least you have receipts to expose them later if you have to.

With this guideline, I dove back into Twitter. Though I may not end up liking the app in the end, at least I have gained a better understanding of the overall appeal.



## Crosswords

### Across

- 1) Hindu wise man
- 6) Jerseys, e.g.
- 10) Lad's partner
- 14) Dress designer Donna
- 15) Cookie since 1912
- 16) Camp Swampy pooch
- 17) Hard to combine
- 18) Don't raise
- 19) Curling implement
- 20) Researcher's task
- 23) Its product names may contain umlauts
- 24) Intoxicating, as a brew
- 25) Orville Redenbacher's unit
- 28) Less hampered
- 31) Skin lotion additive
- 32) Holey utensil
- 33) Easily fooled sort
- 36) Allied summit of February 1945
- 40) Futbol fan's cheer
- 41) Partners of hills
- 42) Like unassisted triple plays
- 43) Malta money
- 44) Chris Kyle, notably
- 46) Place to cyber-shop
- 49) In vogue
- 50) South American capital
- 56) TV serial, perhaps
- 57) Basalt source
- 58) Cookie trayful
- 60) Russian-born Deco designer
- 61) Word of agreement
- 62) Wed, say
- 63) Basic requirement
- 64) Karaoke delivery
- 65) Smart-alecky

### Down

- 1) Snowmobile part
- 2) Harry Potter accessory
- 3) Part of BART
- 4) Taskmaster
- 5) What's consumed
- 6) Apres-ski treat
- 7) Paperless, in a way
- 8) Drawing place
- 9) \_\_ amandine
- 10) Hang around
- 11) Skylit areas
- 12) Awaited the anthem
- 13) The hotheaded Corleone
- 21) Animated film unit
- 22) Pep rally sound
- 25) Fight ender, informally
- 26) Carrier whose name means "skyward"
- 27) Thespian's resume item
- 28) Kangaroo court penalties
- 29) Sports officials, briefly
- 30) Poetic time
- 32) Like some home runs
- 33) Start of a grid play
- 34) Ranch unit
- 35) Use a spyglass
- 37) Imago, in the insect world
- 38) Caboose, for one
- 39) "Hulk" star
- 43) Split to 62-Across
- 44) HBO alternative
- 45) Rain cloud
- 46) Clampett player
- 47) "Sicko" director
- 48) Shooting marble
- 49) Trolley sound
- 51) "A pity!"
- 52) 44-Across garb, for short
- 53) Place to use a mitt
- 54) Answer to "That so?"
- 55) Performs a 27-Down
- 59) "You there!"

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## Classifieds

*Classified ads can be submitted to the Scout Office in Sisson Hall 319 or by calling the Scout office at (309) 677-3067. Please submit classified ads by 5 p.m. Monday for inclusion in the Friday issue.*

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## Sudoku

				7	3	4		
	5							7
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*SOLUTIONS POSTED ONLINE*

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SCOUT ON THE STREET

If you had a YouTube Channel, what would it be about?



Catlin Ethridge

"My family. 'Tales from the Trailer Park.'"

- Catlin Ethridge, junior mechanical engineering major

"I already have one. Gaming."

- Malik Jenkins, junior theater arts major



Malik Jenkins



Noah Steinbaum

"Food reviews."

- Noah Steinbaum, senior political science major

"Something with feminism."

- Emily Vanko, junior political science major



Emily Vanko

By Veronica Blascoe  
Off-staff Reporter

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SENATE continued from  
page A1

get people to follow through with it," Sanders said. "The first vacancy election we had, we had about 30 people show interest for these five positions, and we only had four people show up to the actual election."

Mikki Tran, student body president, said a low retention rate is not something new to the Student Senate.

"It's not abnormal for retention to be low within the Student Senate," Tran said. "We have been stricter on our constitution and it plays a part in it."

Sanders said she speculates that institutional changes may have been one factor in causing the high turnover rate this year in the senate.

"Last year, we implemented a lot of new changes to our constitution ... this year, I think the organization has taken itself a little bit more serious than it has in the past," Sanders said. "This year, we really pushed engaging the senators more, putting more of the work on them, so they feel like they're actually doing something in the [Student Senate], instead of just sitting and listening the whole time."

Students who are interested in the chairperson of campus safety and community relations position will need to fill out the application attached in the Student Senate email, and it will need to be completed by Wednesday, Nov. 21.

"As much as I love doing these jobs, it takes a toll on myself, and also it's not good for the organization," Sanders said. "We want as many people in there as possible from different points of the university to contribute to the conversations we have, and giving an accurate representation of the voices on campus, instead of it being dominated by just a few people."

# NEWS

## Honor Society donates snacks

BY HANNAH SNIDMAN  
News Reporter

Bradley's chapter of Kappa Omicron Nu (KONu), the national honor society for the human sciences, hosted a care packaging event Monday afternoon in Markin's basement.

Volunteers prepared "WEkend CARE" packages, comprised of snacks and encouraging notes. Pleasant Hill Elementary will receive 240 kits, Norwood Primary will receive 230 and Norwood Elementary will receive 175.

"Our goal is to pack 600 to 650 snack packs in two days so that students are able to have the snack packs later that very week," KONu publicist and senior hospitality leadership major Abbie Brunstad said. "Close to 80 percent of these kids qualify for free and reduced lunch, and many of them go home on Fridays to empty cupboards. We will be preparing WEkend CARE packages with snacks to feed their bellies and hearts."

Packages will be delivered before Thanksgiving break to ensure that students have food through the long weekend. This event supported KONu's national initiative theme of social responsibility.

"Every year, KONu takes on a national initiative with a different theme," KONu president and senior dietetics major Katie Breen said. "A lot of us are very passionate about fighting childhood hunger and doing our part to help those that are less fortunate than

us. One of our goals is to empower leadership through student involvement and help make a difference in our community."

Past national initiatives included professional development, soft skills in the workplace and anti-bullying. Magdalena Sas, assistant professor of family and consumer science and the adviser of KONu, initially recommended the packaging project to the executive board.

"[Sas] spent most of her summer filling out a grant application through a non-profit organization that we would supply volunteers for to complete this project," Breen said. "Unfortunately, we did not receive the grant, but a private donor was touched by our cause and donated the funds needed to buy the supplies for the packs. We officially began coordinating the rest of the project after that, and here we are."

The honor society advertised the event on Hilltop Happenings to gain more volunteers. Around 25 students participated during Monday's shift of packaging.

"I just think it's a good opportunity for Bradley students to step outside of the Bradley community and just learn about the Peoria community that's around them," KONu secretary and senior dietetics major Grace Elbl said. "I just imagine kids getting these snack packs and being really excited for not only just a fun snack, but just to have food for an extended weekend."

## Lock it up or lose it

BY CONOR MCENTEE  
Copy Editor

The Bradley University Police Department has begun undertaking extra measures to ensure people's vehicles and bicycles are safe from theft. It is a new campaign called "Lock it up, make it safe and take it with you."

The three-step program educates students and others on Bradley's campus about how to make things safer. Lock it up: making sure your room and car doors are locked. Make it safe: if a person leaves valuables in their car, they should keep them in their trunk or under their seat. Take it with you: do not leave property like student IDs, keys or laptops unattended.

According to BUPD's Facebook page, bike thefts happen within five minutes of parking, unlocked vehicles get stolen most often in broad daylight and about 50 percent of residential burglaries are caused by unlocked doors.

Additionally, as a part of this campaign, if an officer notices any belongings left unattended, they will fill out a Lock It Up tag, informing the person where their belongings are being safely held. This helps eliminate the opportunity of crime, according to the department's Facebook page.

BUPD saw that certain theft was not stopping, and had to find a way to combat it.

"As an officer, one of the biggest problems is the opportunity citizens give criminals to commit theft," said Sgt. Nick McCumber. "Hopefully this campaign will stop criminal activity."

Some students feel that it is not necessary for BUPD to take these steps.

"I feel like people don't leave their stuff out for that long for it to be stolen," sophomore psychology major Carlie Heaton said. "If people leave their stuff behind, that's their own fault."

In contrast, BUPD officers feel that this program will help students tremendously in keeping their belongings safe.

"It is early to see big change, but people are having conversations about the campaign," McCumber said. "It's going to take time to see an actual number, to see about big change."

Even though it is too early to see the long-term impacts, McCumber has had feedback from students about things they have learned from the campaign.

"Students hadn't thought that leaving books and bookbags in the library was dangerous and are more conscious of it now," McCumber said. "I have had people tell me that they use the lockers at Markin now and are careful about what they leave in their cars."

This initiative is meant to show students the importance of keeping track of their belongings and to prevent the opportunity for theft to occur.



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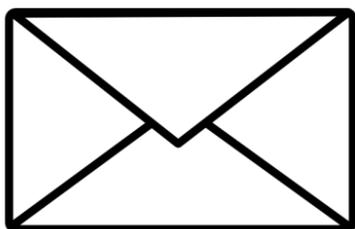
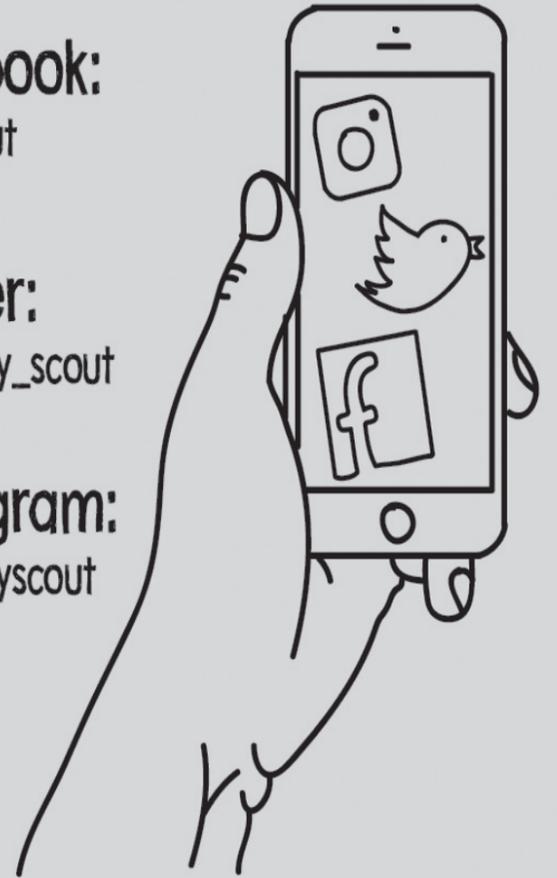
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## SPORTS

# Braves sweep weekend series, host ISU tonight

BY LARRY LARSON  
Off-staff Reporter

With a playoff spot already locked up, the Bradley volleyball team could have cruised into their games at Valparaiso and Loyola without a care to win. They did not need to win their two road games this past weekend.

They did anything but that.

On Friday, the team started their final road trip of the regular season with a victory over Valparaiso in five sets. After Bradley took a 2-1 lead, the Crusaders forced a fifth set after a tight 25-22 fourth set win. The fifth set was tied at 14-14, but Bradley quickly jumped ahead and a pair of consecutive kills by Erica Haslag sealed the Braves win.

Haslag led the Braves with 20 kills, followed by freshman Hannah Thompson's 13 and sophomore Sara Maddox's 10.

The team then headed to Chicago to take on Loyola Saturday evening. Bradley quickly found themselves in a 2-0 hole after losing the first set 16-23 and second set 25-27. The Braves then battled back, taking the final three sets 25-19, 25-20 and 15-11 to snatch the victory from the Ramblers on their senior night.

"Once we went down 2-0 it was kind of a different mindset," Haslag said. "It was for pride. We didn't have to win that game, but we needed to win for ourselves."

"It was exciting, obviously a little

stressful but I was really excited that they grinded it out," head coach Carol Price-Torok said. "It was good to see people like Erica and Rachel Pranger step up to really make a difference for us."

Haslag led the team again with 28 kills, her fifth 20-kill game in the last six matches. Thompson collected her 17th double-double of the season with 12 kills and 13 digs. Freshman Rachel Pranger contributed 12 kills including three in the fifth set.

The Braves have now improved their record in five-set matches to 4-2, winning their last four five-set matches.

"A big thing for us is we have the confidence now to win those big sets," senior Abby Ihrke said. "We have [confidence] all the way through, even when we're losing. It's been a big difference this year."

The win secured the No. 3 in the MVC tournament for the Braves, who are now slated to play the No. 6 seeded team at 7:30 p.m. on Nov. 22 in Springfield, Missouri.

Bradley will finish up the regular season with the I-74 rivalry versus Illinois State tonight at home. The Braves have a chance to knock off the first place Redbirds (16-1, 24-5), who have won the past 15 matchups against the Braves.

"[A win] would be really exciting, especially considering it's Illinois State," Ihrke said. "I firmly believe we can [win]. So I'm really excited."



Junior Kathryn Graf and the Braves cap off their regular season against Illinois State tonight at Renaissance Coliseum.

photo via Scout archives

"It's cool that we get to play ISU the last game because we get to show them what we're about before we get to the tournament and face them

again because we're on their side of the bracket," Haslag said. "They're gonna be scared."

Bradley will face Illinois State

and celebrate senior night at the 7 p.m. game tonight at Renaissance Coliseum.

## CROSS COUNTRY

Continued from A12

The second-place finish automatically qualified the team for Nationals. The Braves became the first Missouri Valley Conference school to qualify since 2000.

"I thought we had a chance to be third, but second is just a dream come true for us," Gauson said.

"I said to the guys before the race today, each individual knows what we want today," Ward said. "We know what we want as a team. There are people on the sideline right now that want your spot, all the alumni and everyone who's put their effort into this. All we have to do is just go and grab it and I think that showed today. A lot of the boys stepped up, and it's an amazing feeling."

Hoffert said that the hometown crowd helped propel the Braves to Nationals.

"It's honestly been great this entire season having home meet after home meet," Hoffert said. "Just being able to be in our normal setting, just to see our friends and family during these races, it gives so much motivation. It really gives you the adrenaline and really pushes us on."

Many Braves noted how special the victory was, not just for the runners but for Bradley, the alumni and former runners who started the program from the beginning.

"It just feels really good to do it, really for everyone," Gauson said. "It's for the people that built it. We've had a lot of people that have paved the way before and they were out here cheering on the team. It's just a historic day for our program and how far we've come."

In 2012 Bradley finished in eighth place in the MVC. They were a program with nowhere to go but up. They had runners that were dedicated to making things better than they were when they arrived.

Enter Michael Ward and Haran Dunderdale in 2014, two Brits looking for a chance to run at a high level across the pond.

"[At that point] we needed people to just believe in the program," Ward said.

Bradley found just that a year later when athletic director Chris Reynolds hired Darren Gauson away from Lamar University in Beaumont, Texas. The results from that point on speak for themselves.

Four consecutive MVC Championships. Four consecutive top-ten finishes in the Midwest Region. Everything led up to one race that got them over the top.

"This has been the ultimate goal for the past three years, and I think we just set the bar – set the precedent – for the years to come," Luke Hoffert said.

"It's just mad," Dunderdale said.

"This actually started like seven years ago. This is what they started. If they hadn't shown some potential we wouldn't have the Hofferts, we wouldn't have me and Mike [Ward] and we wouldn't have Will [Anderson]."

The men will run in a field of 31 teams for the NCAA Division I National Championship at 11:45 a.m. on Saturday in Madison, Wisconsin.

The team was ranked 25th in the national poll which included the top 30 teams. This is the first time the team has ever been nationally ranked.

"It doesn't matter how you get there," Gauson said. "We got there."

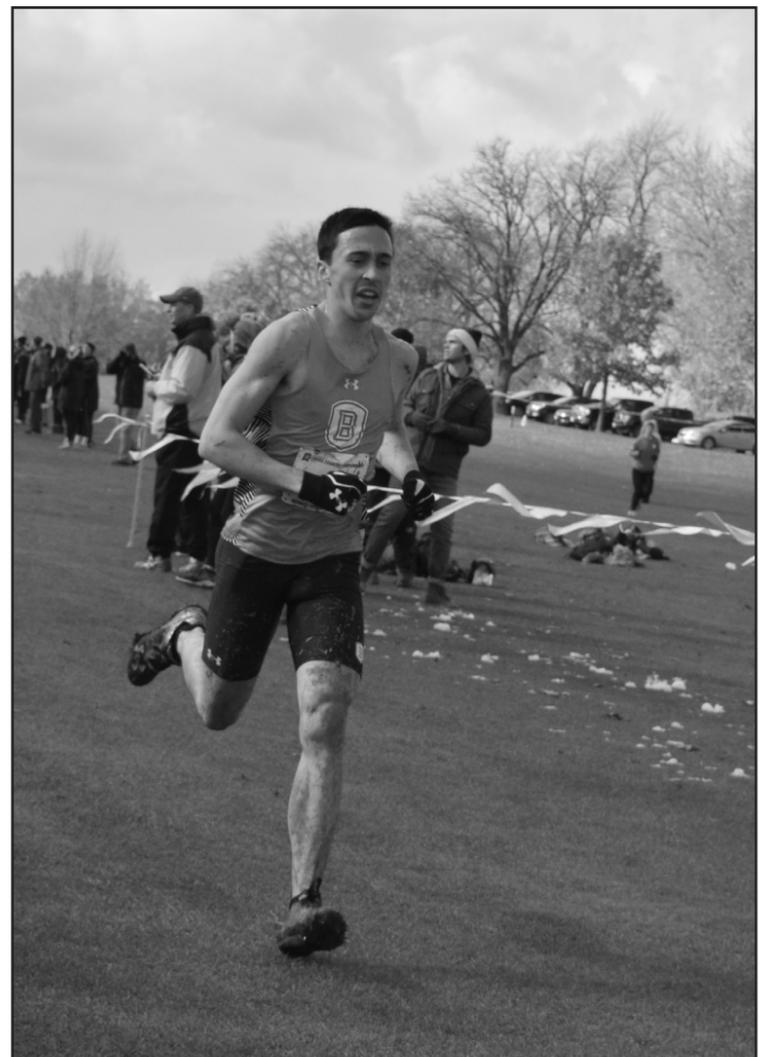
"The only bad side is we have to run 10K next week," Dunderdale said.

If the past is any indication, another 10 kilometers will be worth it.

The women's team finished ninth of 34 teams in the Midwest Regional. They were led by junior Gabby Juarez who earned a spot on the All-Midwest Region team with a 15th place finish.

Juarez was followed by freshman Tyler Schwartz (40), senior Niamh Markham (56), freshman Ayah Aldadah (61) and junior Abby Jockisch (64).

"I don't think we're done," Juarez said. "I think next year we're going to be even stronger. We're going to have some big returners. It's just crazy to see how far we've come."



Junior Luke Hoffert ran a 31:14.7 in the ten kilometer to lead the Braves in 12th place.

photo by Cole Bredahl

## SPORTS



Junior center Koch Bar's career high 20 points led the Braves over Jacksonville State Wednesday at Carver Arena.

photo by Kayla Johnson

## Five's company Bar, Childs spark Bradley offense

BY AUSTIN SHONE  
Sports Editor

The two Bradley big men led the way for the Braves en route to a 74-65 win over Jacksonville State at Carver Arena Wednesday night. It was the first game of the domestic portion of the Cancun Challenge tournament.

Junior center Koch Bar helped the Braves get off to a great start, scoring 16 of his career high 20 points in the first half. Bar showed confidence in the post once again as he's led all Bradley scorers in two of the team's first three games.

"I thought he just played with great composure," head coach Brian Wardle said. "Every time he caught it he knew what he wanted to do. He was confident in his jump hook. When Koch is giving us points like that it's a big advantage for us."

In the second half, sophomore Elijah Childs took the reins, scoring 11 of his 15 points down the stretch.

"In the first half, Koch gave us a spark and I knew I had to pick up the second half so that's what we did," Childs said. "Our guards did a great job of feeding us the ball, it was just

up to us to make a play."

Bradley's two bigs also bolstered a strong defensive effort, shutting down Jacksonville State's leading scorer on the season, Jason Burnell, to five points on the night, none of which came in the paint.

"He was a key on our scouting report, so we know he was a good post presence and was coming off some good games so we just tried to slow him down," Childs said.

All of Bradley's starters finished in double figures for the first time this season. Junior guard Darrell Brown scored 11 points, while junior guard Nate Kennell and senior guard Dwayne Lautier-Ogunleye each chipped in 10 points a piece.

"As the season plays out, someone might take the rein as that go-to guy but I think we have a bunch of guys that have hot hands," Wardle said. "I think we're one of those teams where our depth could allow us to have a different leading scorer a lot, and that's fine as long as we have consistent play in the other areas."

Bradley allowed the Gamecocks to creep in close towards the end of the game. The margin was down to seven

points with 1:15 to go, but the Braves continued to attack the defense and get to the free-throw line.

"We've got to learn how to close these games a little better," Wardle said. "Play smarter, play more disciplined and then execute on the offensive end. If we can learn those things, we'll keep improving."

Bar put the exclamation point on the end of the game when Darrell Brown found him all alone down court for a breakaway dunk plus the foul. That put the Braves up by 10 with 24 seconds to go and sealed another win in Bradley's perfect 3-0 start.

"Like they say ... Kaboom!" Bar said. "I loved that."

Freshman forward Ja'Shon Henry did not dress for the game. Wardle said Henry hurt his hip flexor in practice and will be day-to-day, but hopes to be back as soon as possible.

The Braves will travel to Chicago on Saturday to face UIC, before heading down to Cancun, Mexico for the rest of the Cancun Challenge tournament where their first game will be against SMU on Nov. 20.

## One-on-one Is Duke for real?

Heck Yeah

vs.

No Way

The real question here is not "Is Duke for real?" rather it's will Duke go undefeated and win the National Championship? Let's acknowledge Cam Reddish and RJ Barrett. First, on any other team in the country would be the best players by a longshot. Tre Jones, a top-level point guard whose older brother Tyus led Duke to a National Championship in the 2014-15 season, is also incredibly talented.

Now let's talk about the elephant in the room, 6-7, 285 LBS Zion Williamson.

Even without Williamson, Duke would be a National Championship contender. However, then the team filled with top level recruits added Williamson, a freakish blend of DNA unlike one we have never seen. His athleticism not only makes Duke better as a whole, but those individually around him. With all the attention going to the rare specimen that is Williamson, his three top-tier teammates will have a fantastic chance to go somewhat unnoticed.

Even with a team this talented, some will point to their age. Williamson, Reddish, Barrett and Jones are all freshman. This means when they set foot on the floor of an NCAA tournament game, the moment will prove too big for them and they will cave under the pressure.

What these skeptics, including Matt, are overlooking is the specific competition Duke will be facing when they reach the later rounds of the NCAA tournament. They will all be extremely nervous and somewhat not sure of how to deal with their emotions.

The fact that the freshmen have been performing at the highest level of college basketball for decades is seemingly ignored each year. This dates all the way back to the Fab-5 at the University of Michigan. Freshmen are more than capable of handling themselves on the national stage.

The stereotype that freshmen stars are overly nervous and giddy therefore cannot compete in the bright lights has been proven wrong on many occasions; Jahliil Okafor for Duke, Anthony Davis for Kentucky and Derrick Rose for Memphis are just a few of the recent one-and-dones who made massive impacts on the success of their team.

The Duke Blue Devils stunned the college basketball world with a 34-point season-opening victory over then No. 2 Kentucky last Tuesday. It was enough to boost them to the No. 1 in the country. Even with all of this, I am not sure if I am buying the hype of this team.

There's no denying the talent Duke has on their roster. They have the top three recruits in this year's class in RJ Barrett, Zion Williamson and Cam Reddish. If you add in Tre Jones, Duke has four of the top 17 players.

The problem with these players? They are all freshman. These players haven't practiced enough to get a firm grip on what each of their teammates is like, compared to upperclassmen who have known some of their teammates for years.

History says that experience wins in March.

Take last year's champions, the Villanova Wildcats, for example. Their top three players, Jalen Brunson, Phil Booth and Eric Paschal, were all juniors. The same can be said about UNC the previous year with Justin Jackson and Joel Berry being upperclassmen.

Duke's underclassmen heavy roster struggled against Army at home in their second game of the season, a team that they should have blown out from the beginning. It took an 11-0 run before the Blue Devils were finally able to pull away for the victory.

It is also difficult for me to see Duke finishing atop a very challenging Athletic Collegiate Conference. The competition is simply too much for this young team to handle. Virginia, and UNC will give Duke a hard time rising up the conference ranks.

Finally, Duke has a reputation for early exits in March Madness. Since 2012, Duke has lost to No. 15 Lehigh and No. 14 Mercer. Duke has also failed to make it out of the first weekend of the tournament in 2017, losing to No. 7 South Carolina in the Round of 32.

Josh will argue this team has all the talent on paper, but that doesn't necessarily translate to on-court success. There's a lot of potential with this team, but I don't see Duke becoming a legitimate national title contender. History says that experience in March matters, something that Duke's young squad doesn't possess. For now, I do not think Duke is for real.

- JOSH SCHWAM

- MATT HARRINGTON



### Quote of the Week

"Success is the ability to say 'no' when you want to."

- Charley Steiner's take on success

## SPORTS

# Petree's record-setting performance leads Braves over SEMO

BY RONAN KHALSA  
Sports Reporter

The last time the Bradley women's basketball team scored 85 or more points in their home opener was in 2013. When the last buzzer sounded on Saturday night, the score stood at 85-79 in Bradley's favor against Southeast Missouri State.

Bradley avenged their 2017 loss to SEMO by shooting 52.8 percent from the field. The Braves had the support of a loud crowd at Renaissance Coliseum and held off runs by the Redhawks throughout the game.

After a SEMO 3-pointer with 9:13 left in the fourth quarter, the Braves found themselves down five but responded and soon led by two with 8:06 left to play. They never relinquished the lead again.

Sophomore guard Gabi Haack was crucial in taking the lead once and for all. Her six points early in the fourth quarter erased the Redhawks lead. Haack finished with 19 points in 35 minutes. Haack said she was proud of how the team played for each other and responded to the SEMO rallies.

"We played together tonight and trusted each other," Haack said. "Everyone stepped up today. We were in foul trouble, but we helped each other out and had each others' backs."

Head coach Andrea Gorski said she was impressed with her team's ability to come back and take the lead from SEMO.

"We matched their energy and

in a couple of possessions were able to get a stop," Gorski said. "We got scrappy and made some hustle plays. We found a way to win and I like our mentality."

Sophomore forward Nyjah White also contributed a career high 20 points on 8-10 shooting. Freshman guard Lasha Petree netted the most the points for a freshman debut in school history with 24. She was named MVC Newcomer of the Week for her performance.

Petree struggled to put her excitement into words upon hearing that she wrote her name in the record book. Her family was there to witness her 10-18 shooting performance to go along with one block, one steal and five rebounds.

"I couldn't have done it without my teammates," Petree said. "I didn't think about it. [My record performance] kind of just happened. They passed me the ball and I tried to make smart decisions with it."

Petree played alongside Haack for much of the game when starting senior guard Shunseere Kent began to struggle. Petree fit in seamlessly for Kent after making her first collegiate field goal at 8:41 in the second quarter.

"That's a big task for a freshman and I thought she did well," Gorski said. "[Kent] had a rough game and [Petree] stepped in. [Shunseere] will win several games for us this year, but it was nice to have someone who could come in and take over."



Freshman guard Lasha Petree scored 24 points last Saturday, the most points for a freshman debut in Bradley history.

photo by Justin Limoges

Petree's offensive burst happened while she also took on the most difficult defensive assignment, guarding SEMO sophomore Tesia Thompson.

"[Thompson] was good," Petree said. "I definitely was scared at first because I had to step up as a freshman and she is experienced. It was an honor to step up and be the one to

guard her on the team."

The Braves will host Division II Rockhurst at 2 p.m. Sunday at Renaissance Coliseum.

## HOW FAR WE'VE COME

### Charley and the 'Mad Dog' in Peoria

BY ANTHONY LANDAHL  
Assistant Sports Editor

Charley Steiner sits back and relaxed, a can of Coke in his hand, in the lobby of the Caterpillar Global Communications Center. He smiles with a satisfied look on his face, taking in all that's going on around him, reflecting on his years at Bradley and the future.

Chris "Mad Dog" Russo also sits in the GCC, but he's upright. He's composed – as composed as someone nicknamed the "Mad Dog" could be – as he beams with energy. He talks quick, but controlled.

It's the annual Charley Steiner Sports Communication Symposium, and it's the highlight of the semester for Sports Communication students. Panels full of esteemed guests from the sports industry start in the morning and accumulate with a finale at the Pelow Pavillion. Here is where a conversation takes place between Steiner, a Bradley alumnus and Los Angeles Dodgers radio play-by-play

man, and Russo, a pioneer of sports talk radio.

The Steiner Symposium is still a young event, only four years in the making, and according to Steiner, it has come a long way yet has a long way to go. Last year's guest list featured journalist Larry King, and this year's agreement that Steiner struck with Russo appeared to prove exciting once again.

With a range of issues being discussed that concern sports communication, Steiner and the Mad Dog were able to touch on a few specific topics with The Scout.

One issue regarded by many fans today is criticizing sports play-by-play announcers for making mistakes. A lot of these complaints are pointed towards older broadcasters, Marv Albert being a prime example of one professional who is constantly barraged with fans' objections.

To this, Steiner said that fans and social media create a concoction of criticism, an "echo chamber" of sorts; platforms like Twitter merely

gave way to negative comments. He questioned why fans would even go after such revered broadcasters. He's a firm believer in the moral of "respect your elders."

"Even if I had Twitter back then, I don't think I'd use it," Steiner said.

Having worked for the Dodgers since 2004, Steiner said that sometimes the monotony of sports can drain one's passion for it. Referring back to leaving SportsCenter in 2002, Steiner said he left because he got tired of knowing everything about everything in sports every single day. He said he finds those moments momentarily nowadays.

"The older you get, the longer the season gets," Steiner joked.

Russo also joined the conversation, addressing the media portion of the industry. Russo has had an extensive background in sports talk radio, including co-hosting "Mike & the Mad Dog" with Mike Francesa from 1989 to 2008 on WFAN, the first 24/7 sports talk radio station.

Now working with SiriusXM

Radio and MLB Network, Russo described the difference between working in the terrestrial AM and FM radio industry and the satellite radio industry.

"Satellite believes in the celebrity having a channel," Russo said. "The Beatles have a channel. Billy Joel has a channel. Jamie Foxx has a channel. That's how they changed [the radio industry]."

Russo said that if he wanted to talk about Seattle Seahawks football for two hours he could with satellite, but with terrestrial radio he could not. The local audience had him pinned to the local teams.

With 30 years of experience behind him, Russo said that the art of making predictions on the radio was rooted in life experiences. He said that most of the predictions he makes are based on historical context, which is fitting for the Mad Dog, who graduated from Rollins College in 1982 with a degree in history.

But it's success that surrounds Russo's name. It's his name that

draws the crowds into Horowitz Auditorium on a Thursday afternoon and fills Peplow Pavillion at night. And what is "success" to him?

Russo says that if you work in a local radio station, no matter the size, and the local audience knows your name or the local baseball team knows your name, he would consider that a success. People don't need to know your nickname, just your first name.

With the symposium concluding after Russo and Steiner's panel, another pair of legends have come and gone to the Hilltop, but we shouldn't forget all the others that came too.

We saw several athletic directors, award-winning journalists, professors with great research and even the President of the Pro Football Hall of Fame. So many stories, successes, trials and tribulations explored and discussed.

The best part?

We get to do it all over next year with another unique well-versed group.

INSIDE:

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# SPORTS

Bradley's big men step up

Bar led the Braves in scoring again with a career-high 20 points over Jacksonville State.

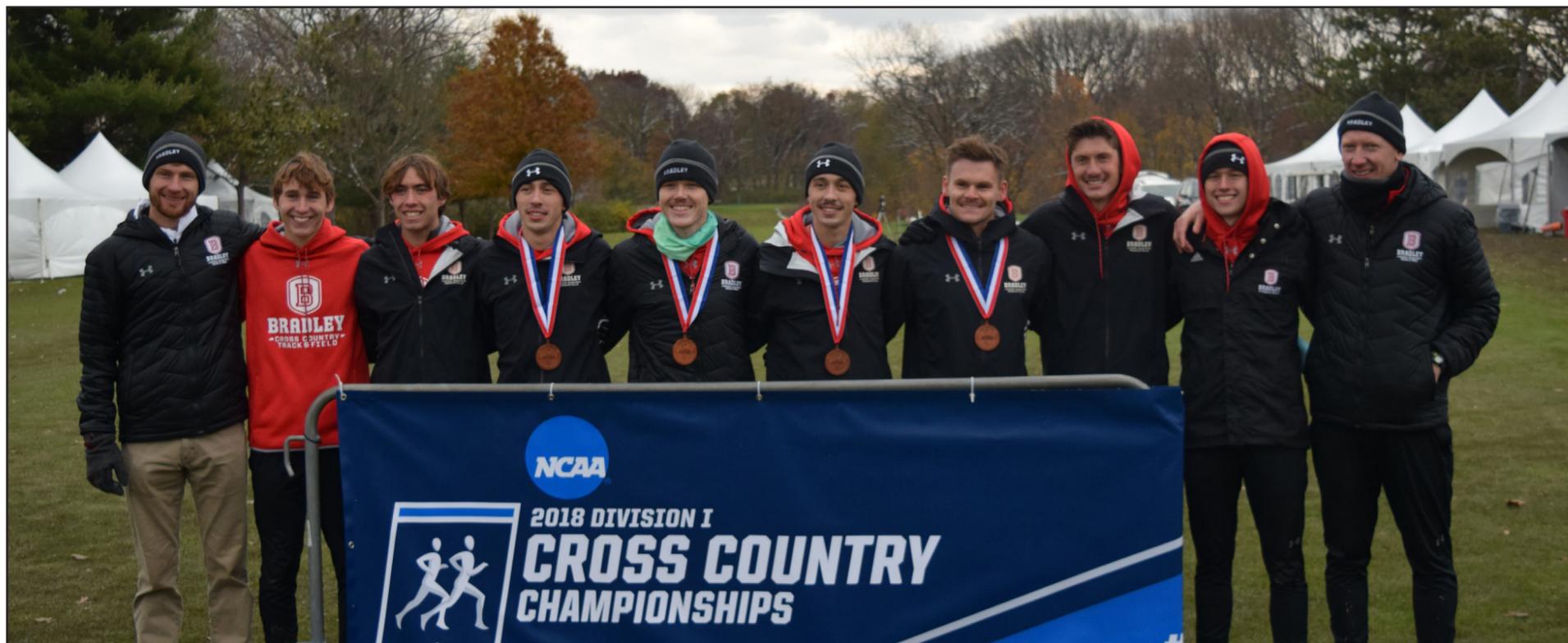
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Koch Bar

## For the people who built it

### Men qualify for NCAA Championship for first time in school history



The men's cross country team qualified for their first national championship in school history.

photo by Austin Shone

BY ANTHONY LANDAHL  
Assistant Sports Editor

The Bradley men's cross country team has been grinding away day after day for the last five years. The hard work manifested itself in a National Championship bid on a cold Friday at a snow-covered, mud-stained Newman Golf Course in Peoria.

From the start of the race, the Braves formed a tight pack at the top of the field and never backed down, pushing higher-ranked teams from bigger conferences to their limits.

The race didn't come without trouble for Bradley. Michael Ward, a fifth-year senior and the Braves top runner over the course of the season, struggled throughout the race.

"As a runner, today was one of those days that for me personally you don't want to have," Ward said. "Everything was going wrong. Everything that wanted to knock you down mentally, happened for me today. Having that support and everyone getting back up there enabled me to get through that line and ultimately put the score down that we needed to get us through."

"That's the kind of team we have," head coach Darren Gauson said. "When someone is out there struggling, someone else is going to step up. You're never going to be perfect, but on a team like this, people

just make up those little positions."

Bradley finished with five runners scoring in the top 33 spots. Junior Luke Hoffert led the way with a 12th place finish. He was followed by senior Haran Dunderdale (16), twin brother junior Jake Hoffert (18), senior Michael Ward (23) and junior Will Anderson (33).

The scoring process was not a simple one. At the end of the race those little positions turned out to be of utmost importance.

Almost an hour after the conclusion of the men's race, the results were still unofficial. While waiting for the results to show up on the board, the Braves huddled in a big group, holding their collective breath, wondering.

It was an explosion when the final results were announced. The team formed a mosh pit in celebration as their first ever trip to the NCAA Championship was cemented. Bradley finished second overall behind champion Iowa State and ahead of Tulsa.

see **CROSS COUNTRY**  
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